



NutriTransform

HOLISTIC NUTRITION & WELLNESS

Features	Cleanse & Nourish	Balance & Strengthen	Transform & Thrive
Initial Intake & Analysis			
Health History Review	✓	✓	✓
Food & Lifestyle Journal Analysis	✓	✓	✓
Nutritional & Health Assessment	✓	✓	✓
Symptom Burden Analysis	✓	✓	✓
Functional Assessments			
Metabolic Chaos Assessment	✓	✓	✓
Adrenal Stress Cause Analysis	✓	✓	✓
Metabolic Typing (Diet Type Assessment)	✓	✓	✓
Additional bodily functions assessment & nutrient status evaluation if needed	✓	✓	✓
Lab Test & Analysis			
Food Sensitivity Screening		✓	✓
Metabolic Wellness Profile		✓	✓
Gut Health & Pathogen Screening		✓	✓
Mucosal Barrier Assessment			✓
Stress and Hormones Panel			✓
Comprehensive Wellness Panel			✓
Consulting & Coaching Sessions			
Initial Interview & Goals Setting	90 min	90 min	90 min
Result & Recommendation Session	90 min	120 min	90 min + 90 min
Follow Up Coaching Session (every 2~4 weeks)	4 x 45 min	10 x 45 min	15 x 45 min
Bonus Sessions			
Kitchen/Pantry Makeover	✓	✓	✓
Total Toxin Removal Home and Body Makeover		✓	✓
15-minute "911 calls"	1 per month	1 per month	1 per month
Mid-Session Support			
Email Check-Ins (24 hour weekday response)	✓	✓	✓
Private Online Messaging Support (24 hour weekday response)	✓	✓	✓
Resources (client handout, instructions, references, self-assessment tools, recipes, etc.)	✓	✓	✓
Access to Professional Meal Planning System	✓	✓	✓
Re-Assessment			
Nutritional Assessment	1	2	3
Food & Lifestyle Journal Review	1	2	3
Symptom Burden Analysis	1	2	3
Adrenal Stress Cause Analysis		1	3
Lab Re-Test			
Any selected lab retesting results & analysis		1 (retest fees not included)	1-2 (retest fees not included)
Free First Round of Supplements			
15% Discount on Pharmaceutical Grade Supplements	✓	✓	✓
Optional / On-Demand Lab Tests	✓	✓	✓
Post Program Follow Up Session	15 min	30 min	30 min
Total Value of Service:	\$2349	\$5059	\$8609
Your Package Price:	\$995	\$2595	\$4695
Payment Plan	Due Today: \$399 \$325 x 2 (3 months)	Due Today: \$1100 \$319 x 5 (6 months)	Due Today: \$1850 \$389 x 8 (9 months)